

## SIZING GUIDE

Measure at the narrowest part of your wrist measure width as shown.

**\*Note:** If the measurement falls between the two sizes, select the larger size.

WRIST	
Small/Medium	1.8"-2.3" (4.5 cm-5.8 cm)
Medium/Large	2.4"-2.9" (6.1 cm-7.4 cm)

